WHO GROWTH CHARTS FOR CANADA

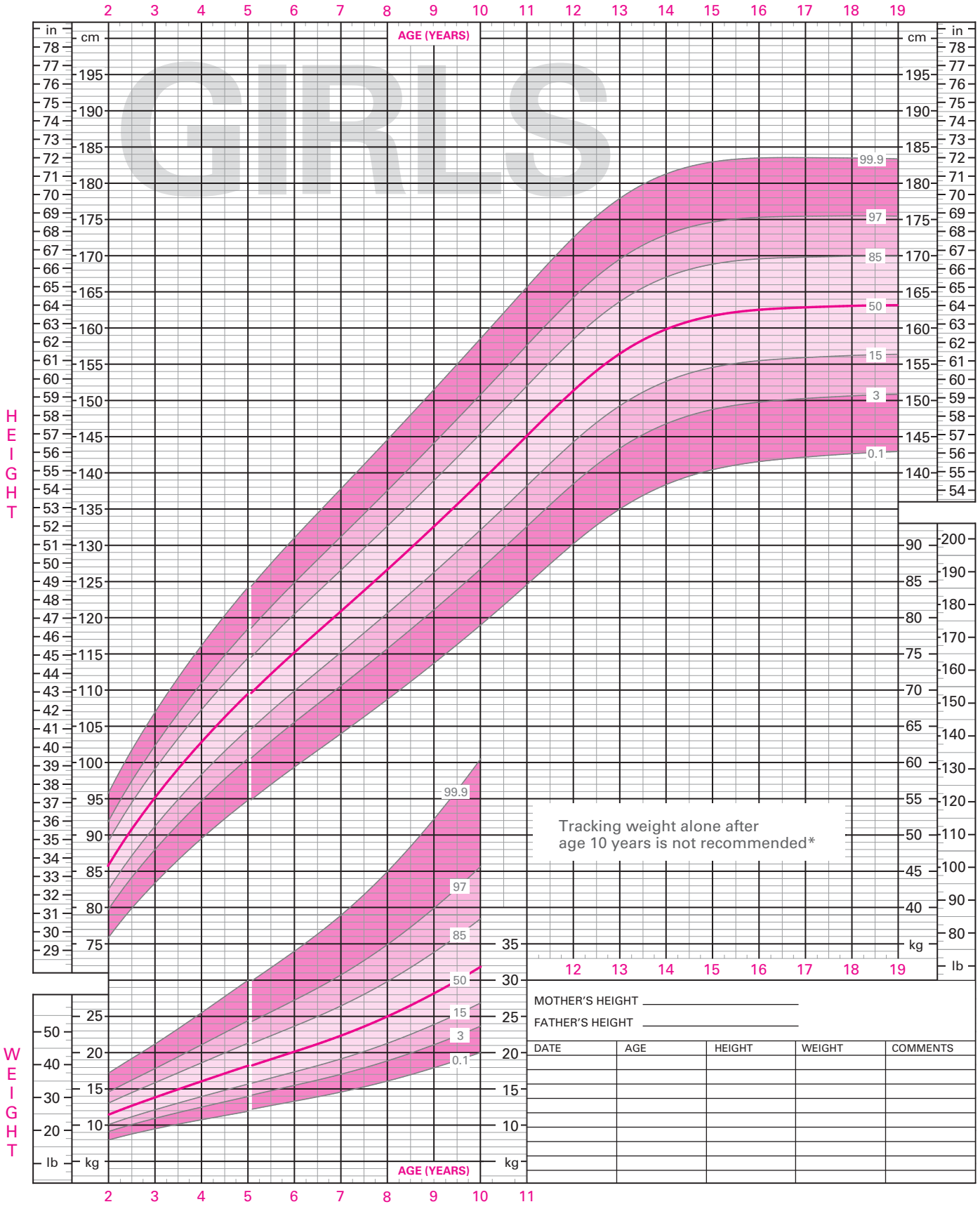
GIRLS

2 TO 19 YEARS: GIRLS

Height-for-age and Weight-for-age percentiles

NAME: _____

DOB: _____ RECORD # _____



SOURCE: Based on the World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) adapted for Canada by Dietitians of Canada, Canadian Paediatric Society, the College of Family Physicians of Canada and Community Health Nurses of Canada.

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*BMI is a better measure due to variable age of puberty.