

Kerri Cuthbert
DC Board of Director Candidate for Manitoba and Saskatchewan

Candidacy Comments

With over ten years membership in Dietitians of Canada and almost ten years practicing as a Dietitian, I am a strong supporter of Dietitians of Canada! I am running for the Director for the Region of Manitoba and Saskatchewan because I believe in Canadian dietitians and the work of Dietitians of Canada, and have the skills, experience and drive to assist with the change that is currently occurring within the organization, and the profession overall.

My vision as a Board member is to support all members of Dietitians of Canada while also advancing the organization and the dietetic profession overall with strong communication skills, a commitment to quality improvement and a forward-thinking mindset. It would be an honour to connect with and represent Manitoba and Saskatchewan dietitians, as well as members country-wide. Being fully bilingual will allow me to connect with any member of Dietitians of Canada and be involved in activities in any part of the country, regardless of the language spoken.

At this point in my career I have worked in a variety of practice areas including primary care/community, public health and long-term care, in both rural and urban settings. Currently as the Clinical Lead at Misericordia Health Centre in Winnipeg, I provide leadership to both the Clinical Dietitians and the practice and direction of the Clinical Nutrition department. This role has helped me develop leadership skills, as well as experience with policy from current membership on the Misericordia Health Centre Policy Committee, both of which have direct application to Board work. Returning to clinical nutrition after working in public health has exemplified for me the broad scope of dietetic practice and I am eager to represent dietitians in all practice areas.

There should be no question as to how I can balance Board work with other responsibilities. I am currently completing my Master's degree in Public Health, and most of this degree was completed while working full-time. However, I am now employed part-time, which has been an asset to facilitating the completion of my degree. With the upcoming completion of my degree this June, I would be honoured to instead commit my time to serving the members of Dietitians of Canada through involvement with the Board of Directors.

Education

- **Master of Public Health** (University of Waterloo, Waterloo, ON)
In progress: August 2018 - June 2022
- **Dietetic Internship** - Manitoba Partnership Dietetic Education Program
Winnipeg Regional Health Authority, Winnipeg, MB
September 2011 – June 2012
- **Bachelor of Science** (Human Nutritional Sciences)
University of Manitoba, Winnipeg, MB
September 2007 – May 2011

Work Experience

Clinical Lead - Clinical Nutrition – Misericordia Health Centre (*October 2020 – Present*)

- Leadership to clinical dietitians at Misericordia Health Centre (MHC) and Misericordia Place
- Develop and implement clinical nutrition best practices
- Committee member: MHC Policy Committee, MHC Skin and Wound Team, Clinical Nutrition Quality Team
- Program dietitian for Easy Street and MHC for Lungs (outpatient rehabilitation programs)

Public Health Dietitian – Winnipeg Regional Health Authority (*June 2013 – October 2020*)

- Developed nutrition strategies, action plans and practice guidelines, delivered professional in-services and training for both professional and public audiences, evaluation, strategic planning and quality improvement, internal and external communications (including media work)

Regional Clinical Dietitian – Southern Health-Santé Sud (*September 2012 - June 2013*)

- Provided nutrition services for community, primary care, acute care and long-term care in a large geographical area including Gladstone, MacGregor, local Hutterite colonies and Indigenous communities.

Committee Work & Offices Held

- **Misericordia Health Centre Policy Committee**
Allied Health Representative (June 2021 – Present)
- **Climbing Association of Manitoba Board of Directions**
Founding Director (August 2020 – Present)
- **College of Dietitians of Manitoba Professional Standards Committee**
Member (December 2017 – Present)
- **Academy of Nutrition and Dietetics Population Level Nutrition Task Force**
International Representative and Speaker
August 2017 - December 2019

Professional Activities

Media Work

- Television
 - o City TV Winnipeg, April 17, 2014 on introduction of solid foods
- Radio
 - o Radio-Canada Manitoba, January 20, 2015 on baby bottle size and effect on weight
- Print
 - o Today's Parent, January 2018 on prenatal vitamins (quoted in article)
 - o Wave Magazine, Summer 2017 edition on sustainable food systems
 - o Winnipeg Free Press, November 10, 2016 on vegetarian diets
 - o Winnipeg Free Press, December 4, 2015 on supplements for colds and flu
 - o Winnipeg Free Press, July 10, 2015 on labelling requirements for sugar
 - o Winnipeg Free Press, September 12, 2014 on iron deficiency

Speaking Engagements

- "The Nutrition Care Process: Now Applicable to Population Nutrition!". Dietitians of Canada Community/Public Health Nutrition Network. December 2019.
- "Bridging clinical and population nutrition practice with the Nutrition Care Process". Dietitians of Canada National Conference. June 2019.
- "Introducing Terminology for Population Level Interventions". Academy of Nutrition and Dietetics Public Health/Community Nutrition Practice Group, Webinar. April 2019. (Co-presented)
- "'Feeding Your Baby Solid Food' Tools". Healthy Baby Provincial Meeting, Winnipeg, MB. May 2017. (Co-presented)
- "Story Station - Families in the Kitchen: A Parent-Child Nutrition Program." Healthy Together Now Share and Learn Conference, Winnipeg, MB. November 2016. (Co-presented)

Scholarships, Awards, Bursaries

N/A