BECOME A MEMBER

The DOC Network evolved from the Cardiology Network – a practice group of the Ontario Dietetic Association. In 1997, this network went national with the formation of DC. In April 2004, the Cardiology Network became the DOC Network and expanded its mandate to include nutrition related to diabetes and obesity as well as cardiovascular health. Since its inception, the DOC Network has had many accomplishments including participating on advisory committees; reviewing resources, guidelines and position papers; and developing services specifically for DOC Network members. An additional focus on bariatric surgery was added in February 2014.

Join Today! With about 600 members, the DOC Network is currently the largest DC network.

You must be a member of DC to be part of the DOC Network. When submitting your DC Membership Application Form, indicate that you would like to join the DOC Network. Add the DOC Network fee to your DC application fee and submit.

Annual fees are:

• DC Members: \$38 + tax

DC Qualifying Members: \$28 + tax

If you would like to join the DOC Network after having sent in your DC Membership Application Form, go to http://www.dietitians.ca/Member/Member-Community.aspx, enter your DC member ID and password, and click on Add a Network.

Interested but not sure?

Contact one of the DOC Network Co-chairs and we would be happy to answer your questions or send you a sample of a current DOC Network service.



Executive

Kortney Patriquin, RD CDE Co-chair

doc@dietitians-network.ca

New Brunswick

Maria Baranowski, MSc RD Co-chair

doc@dietitians-network.ca Manitoba

Jennifer Brown, MSc RD Ontario

Katie Buhler, GD *Manitoba*

Kristyn Hall, MSc RD
Alberta

Stephanie Krug, MAdEd RD Alberta

Maria Ricupero, MHSc RD CDE Ontario

Audrey Shackleton, BASc RD CDE CPT
Ontario

This brochure was developed by:



Diabetes, Obesity and Cardiovascular Network

September 2019



A national network connecting dietitians with common interests in nutrition and

Diabetes

Obesity

Cardiovascular health



Diabetes, Obesity and Cardiovascular Network

Our Vision

Advancing dietetic practice in diabetes, obesity and cardiovascular health.

Our Mission

The Diabetes, Obesity and Cardiovascular Network is committed to providing leadership and support to dietitians by:

- Providing services that are innovative, evidence-based and practical;
- Sharing knowledge on relevant nutrition issues, resources and programs; and
- Facilitating collaborations and networking within Dietitians of Canada and other organizations to strengthen dietitians' roles in diabetes, obesity and cardiovascular health

Our Values

The DOC Network is guided by these values when dealing with our members and external partners

- Integrity
 Collaboration
 Innovation
- QualityExcellenceRespect

"I have actively participated in many DC Networks and without question, I would highly recommend the DOC Network! As an RD working with a Family Health Team, I need to keep abreast of the latest nutrition news and research in a timely manner. The DOC Network gives me access to the most current, evidence-based information through multiple services that are informative, practical and very clinically relevant. The DOC Network is a great value for the money."

Cheryl Carl, RD Primary Care Dietitian, Peterborough, ON

"I find the DOC Network wonderful because it is always up to date and helps me respond to information in a positive way."

Irene Doyle, MSc RD Hospital Dietitian, Charlottetown, PEI

"I would definitely recommend the DOC Network as a valuable tool to support dietetic practice. I have participated in different networks in the past, but only the DOC Network stands out. It continues to deliver upto-date information from literature and from the news and provides simple, easy-to-use formats with links to additional in-depth information."

Colleen McGuire, MA RD Consulting Dietitian, Vancouver, BC DOC Network members have access to a dynamic range of services including:

- What's UP DOC News Flash & News Brief
- A Flash is a weekly summary of relevant nutrition issues in the media. A Brief is an overview of a nutrition issue in the media that includes a "bottom line" which provides practical implications for dietitians to consider.
- Webinars/Diet Trends: Evidence Analysis/DOC Talk Newsletter
- Access to Natural Medicines Comprehensive Database
- DOC SCOPE Notes

SCOPE Notes summarize monthly research & events in the areas of Science, Conference, Observations, Practice and Evidence.

DOC Files

An in-depth examination on a particular area

- DOC Files 1: Major Weight Loss Programs in Canada
- DOC Files 2: Instigating and Implementing Eating and Physical Activity Behavior Change: A Lifestyle Intervention Manual & Toolkit
- Coast to Coast Discussion Forum
- Discounted fee on 'Counselling For Behaviour Change' Course

Offered once annually in May.

Financial support for local education events;
 Special Projects

Past projects include support for a new children's book & caregiver's guide illustrating the eating self-awareness technique from the Craving Change™ program.