



Connecting Canadian Dietitians

Annual Report 2018–2019

Planning for our future

A message from your Board Chair, Judy Sheeshka

THE BOARD, IN CONSULTATION WITH OUR MEMBERS, IS DEVELOPING A NEW SET OF ENDS THAT WILL REPRESENT THE FUTURE DIRECTION OF OUR ORGANIZATION AND THE DIVERSE PROFESSIONALS COMPRISING DIETITIANS OF CANADA.



This past year we continued to transition to a new chapter for Dietitians of Canada (DC), thanks to the vision of our CEO, Nathalie Savoie. Under the Policy Governance Model, the CEO is fully accountable to the Board of Directors. The Board specifies the Ends (or strategic priorities and outcomes) that the CEO and her staff are to achieve, but it does not tell the CEO **how** to meet those Ends. It remains the prerogative of the CEO to decide which programs, services and resources DC will develop to achieve the outcomes set by the Board. This is an important concept in this model of governance.

Listening to members. During these past two years, the Board has concentrated on listening to members so we could better understand what you value and expect from your professional association. We heard that fees are a barrier for many dietitians and that DC needs to deliver more value for members, especially new graduates and members who are early into their careers. In response, we created new fee categories this year to make membership more affordable for those who are waiting for a practicum or who are employed fewer than 21 hours a week. As a result of our significant member engagement efforts, the CEO and her team are making important changes so that DC remains relevant, proactive and sustainable.

Looking ahead. Also in direct response to what we heard from you, we have started to revise and redevelop the Ends so that they have a clear focus on dietitians, both collectively and individually. We will continue to consult with you, the owners, on how DC can best lead us into the future and create an organization that is inclusive and that embraces diversity.

During my time on the Board, all Directors moved from three-year terms to four-year terms. As your Chair for the past two years, I have seen a steady maturing that comes with an extra year to understand the roles of the Board, the CEO and DC staff, and to practice Policy Governance. I have great confidence in the Board's abilities, and in those of the next Board Chair, Carol Donovan. Carol has been an active DC member for many years, and I know she will accomplish a great deal during her tenure.

It has been an honour and a privilege to serve our organization as Chair-Elect and Chair of DC's Board of Directors!

Sincerely,

Judy Sheeshka

Judy

Board of Directors

Judy Sheeshka
Chair
Surrey, BC

Carol Donovan
Chair-Elect
Belle River, ON

Kara Vogt
British Columbia Region
Vancouver, BC

Colinda Hunter
Alberta and the Territories Region
Edmonton, AB

Amanda Hamel
Manitoba and Saskatchewan Region
Winnipeg, MB

Lucia Weiler
Northwest and Central Ontario Region
Toronto, ON

Joane Routhier
Québec and Northeast Ontario Region
Kirkland, QC

Sue Conlan
Atlantic Region
Wolfville, NS

Sara Michelle Weinman
(to March 27, 2019)
Students and New Professionals
London, ON

Timothy Lau
(from April 25, 2019)
Students and New Professionals
Vancouver, BC

A year of change

A message from your CEO, Nathalie Savoie

WE HAVE BEEN WORKING HARD TO BRING OPERATING COSTS DOWN WHILE DELIVERING EVER-GREATER VALUE TO MEMBERS, AS WE MOVE FORWARD INTO A PERIOD OF RENEWED GROWTH AND STRENGTH AS AN ORGANIZATION.



It has been one year since I presented my first annual report as your CEO. This year's report will give you just a glimpse of the many things the DC team and hundreds of volunteers have accomplished in the year since.

One important initiative has been our efforts to reduce operating costs. We have streamlined our activities to focus on the ones delivering the most impact and member engagement. We have relocated the central office, saving close to 40% annually on rent and other costs. And we are reviewing our information technology platforms to reduce maintenance costs and improve member experience and value.

A renewed focus on members. Dietitians of Canada is first and foremost a professional association that exists to deliver value to its members and support them in their life-long professional journey. We have taken steps to improve transparency. We have also introduced a new member strategy to welcome students and new professionals, to improve the onboarding experience and to focus on the key reasons why members join: to learn, to network and to speak out for the profession.

More value in membership. You told us you wanted greater value for your membership. PEN: Practice Evidence in Nutrition® is now accessible to all DC members. And, following the success of broadcasting some of the most popular 2018 conference sessions, the conference team is continuing that for 2019, enabling even more of you to benefit from this much sought-after community-building and learning experience.

A Food Guide long awaited. Dietitians shape the future of eating and healthy living for all Canadians and, as such, we were an influential stakeholder in the Food Guide revision. In the new Guide, Health Canada recognized what dietitians had been saying for years: healthy eating is not only what you eat, but also how you eat. Health Canada also stressed that a food guide provides general advice and that dietitians should be consulted when someone needs personalized advice to maintain or restore health.

Strong community of members. In the last year, DC has focused its advocacy activities on topics that you prioritized: making sure that Canadians have equitable access to quality nutrition care delivered by dietitians in long-term care, homecare and primary care. The value that dietitians bring in reducing the chronic disease burden for employers was also at the forefront through a renewed strategy to include dietitians' services in more employee health benefits programs.

We know how passionate and proud you are about your profession because we share those feelings. The Board has asked us: What could we do as 10,000 strong? Let's get everyone on board so we can be a stronger voice, uniting Canadian dietitians.

Warmly,

Nathalie

The DC management and operations team

Chief Executive Officer
Nathalie Savoie

Regional Executive Directors

British Columbia
Lisa McKellar (Victoria, BC)

Alberta and the Territories
Karen Boyd (Canmore, AB)

Manitoba and Saskatchewan
Jennifer Wojcik (Winnipeg, MB)

Ontario
Jennifer Buccino (Oakville, ON)

Québec
Marie-Ève Guerette St. Amour (Deux-Montagnes, QC)
(from April 15, 2019)

Atlantic
Jackie Spiers (Dartmouth, NS)

Key Operations Leads

Finance and Administration
Linda Cleroux

Marketing and Communications
Barb Ledermann

Public Affairs and Member Engagement
Jennifer Wojcik

Education Policy and Programs
Corinne Eisenbraun

Knowledge Translation
Jayne Thirsk

For a list of key DC staff contacts, please visit:
dietitians.ca/About-Us/Staff



Working together to achieve our goals

As we approach 2020, we are nearing completion of the 2016–2020 strategic priorities, or Ends, that were set by our Board in consultation with DC members. Here we present some of the major highlights of the progress we have made towards achieving these Ends over the past 15 months. These achievements were possible thanks to the dedication of many, including the Networks, Local Action Groups, individual volunteer members and DC Staff, all working together to fulfill our common vision.



DC MEMBERS ARE SOCIAL. OVER THE COURSE OF 2018, THE DC MEMBER BLOGS PUBLISHED MORE THAN 2,100 POSTS, ACHIEVING SOME 1.1 MILLION IMPRESSIONS ON SOCIAL MEDIA AND 22,000 CLICKS TO THEIR WEBSITES.



1 Dietitians are recognized as the most credible, trustworthy source of nutrition advice.

Nutrition Month celebrates dietitians



Guiding Canadians as they navigate their life-long journey with food: that’s how DC member and dietitian Adrianna Smallwood, a Nutrition Month spokesperson in Newfoundland & Labrador, summarized the dietitian’s role.

The 2019 Nutrition Month campaign focused on the importance of dietitians in helping to enhance people’s lives and improve their health. That includes collaborating with other healthcare professionals, doing scientific research, driving innovation, informing public policy and working directly with patients and communities.

Throughout March the campaign, titled Unlock the Potential of Food, put the spotlight on the key role



of dietitians in unlocking food’s potential to fuel, to discover, to prevent, to heal and to bring us together.

Our award-winning brand

Congratulations are in order — times two! The dietitian brand, which was developed by DC members, received two awards for the previous year’s (2018) Nutrition Month campaign:

- A Bronze ACE Award for Marketing Communications Campaign of the Year from the Canadian Public Relations Society.
- An Award of Merit in Marketing Communications from the International Association of Business Communicators.

Kudos to all of the DC members who contributed to developing the dietitian brand — and to those who brought the brand to life during Nutrition Month 2019 to make this year’s campaign a success!

Canadians turn to relaunched website

On April 2, 2018 Dietitians of Canada relaunched the website unlockfood.ca to help people across Canada access reliable, helpful, life-changing nutrition advice created by dietitians. The bilingual site features the award-winning content that was previously found at eatrightontario.ca. The site helps Canadians by serving up evidence-based information they can trust from subject matter experts.

Appetite for this type of credible information is strong. In addition to an increased number of hits, the site is also driving the public to the Find A Dietitian page on the DC website: 21% of visits to this page come from unlockfood.ca and overall Find A Dietitian page views were up 41%.



Dietitians are being seen
Number of Canadian media stories mentioning “Dietitians of Canada”



Unlockfood.ca results
(Year ending March 31, 2019)



2 Dietetic education is innovative and drives advancement and leadership.

Sharing knowledge for a stronger profession



New research and scientific breakthroughs are constantly challenging our understanding of nutrition and leading to new discoveries in the field.

DC helps members stay current through many different educational channels. Here's a small sample from the past 15 months.

Specialized Learning Programs

In October 2018, we held two multi-day sessions that were sold-out successes.

A three-day **Dysphagia Learning Retreat** included a very rare and important opportunity to participate in practical training sessions working with senior volunteers who experience dysphagia. All delegates left with an improved understanding of dysphagia and risk management strategies, as well as improved understanding of the systematic clinical assessment process and greater confidence in communicating a care plan with clients, family and caregivers.

Also in October, the **9th Principles and Practice of Interdisciplinary Obesity Management for Dietitians** was held in Toronto. Delegates unanimously agreed that the event improved their understanding and helped them translate theories and concepts into practical strategies they could integrate into day-to-day practice.

Coast-to-Coast learning

This year we hosted Coast-to-Coast sessions on plant-based diets, the gut microbiome and its connection to immunity, health and disease, and malnutrition and sarcopenia.

A long-awaited online course on preceptorship was also released and the nutrition screening course was updated.

Learning on Demand

More than **70 new** presentations (far above the target of 50) were launched on Learning on Demand — a popular place for ready access to continuing education on a wide variety of topics. In total these materials received more than 300,000 page views last year. As participant Genevieve Boulanger stated, “Learning on Demand is an easy way to acquire new, high-quality knowledge at a low cost from all around the country.”

Successes and learnings at Conference 2018

The theme for Conference 2018 — “Elevate, Influence, Inspire” — invited participants to explore best practices in their work through a robust program of talks, workshops and roundtables that included:

- Truth, reconciliation and food
- Trans inclusive dietetic practice
- Baby-led weaning and children’s food allergies
- Nutrition challenges for new Canadians
- Sustainability of healthy diets

It also placed a special focus on students and new professionals. The 750 participants came away inspired and educated, forged stronger bonds with colleagues and exchanged valuable learnings.

Many thanks to the member volunteers on the Conference planning committee for their commitment of time, ideas and hard work. We look forward to an equally successful Conference 2019 in Ottawa June 5 to 8.

3 Dietitians use evidence-based decision making, supported by expertly curated analysis and information.



Celebrating PEN’s 200th knowledge pathway!

In November 2018, PEN: Practiced-based Evidence in Nutrition® reached a significant milestone by launching its 200th knowledge pathway: Outcomes of Dietitian Interventions.

This landmark achievement embodies the PEN System’s contribution to helping dietitians around the world fulfill their commitment to evidence-based decision making in practice. This particular knowledge pathway is also an important culmination of DC-led advocacy work to solidify recognition of dietitians as important members of the healthcare team.

Supporting our value

Many of the practice questions covered address topics like the effectiveness of dietary counselling, telephone nutrition counselling and educational approaches in chronic disease and other health conditions.

To support and celebrate the new knowledge pathway and encourage referrals to dietitians from primary

care health professionals, DC launched a social media campaign on Twitter, Facebook and Instagram. The posts linked to a series of newly produced videos that build on advocacy by dietitians in Local Action Groups and primary care networks, and use evidence found in the knowledge pathway. The campaign attracted 2,572 page views of the new knowledge pathway in November and December of 2018.

Significant updates

This knowledge pathway is just part of the continual expansion of the PEN System. In this reporting period, the PEN team updated or added more than 250 practice questions to the PEN database, including 16 that utilized the **GRADE process** — more than **three times** the target of five updates a year using GRADE. The 250 practice questions were used to create or update almost 200 tools and resources to use with clients and 250 professional tools to support your practice.

This pace of growth is possible only with the commitment of the more than 200 Canadian volunteers who contributed their expertise as PEN

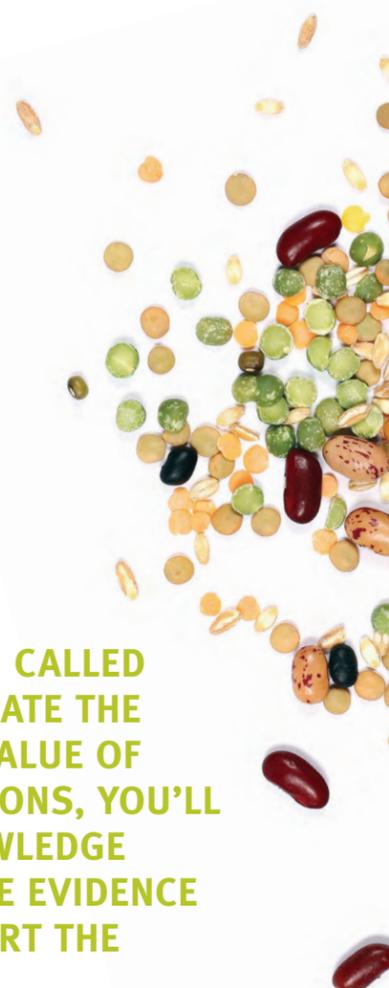
authors, reviewers or resource managers, and our Network partners who ensure that the practice questions we address match emerging practice issues.

Volunteer Timothy Lau of Vancouver, BC, said that he volunteers because it is “an opportunity to contribute to the dietetics community, which has helped me grow into the person I am today. The content I help create for PEN is valued and that certainly feels very rewarding.”

IF YOU’VE EVER BEEN CALLED UPON TO DEMONSTRATE THE EFFECTIVENESS OR VALUE OF DIETETIC INTERVENTIONS, YOU’LL FIND THIS NEW KNOWLEDGE PATHWAY OFFERS THE EVIDENCE YOU NEED TO SUPPORT THE CONVERSATION.

Increased PEN access

With so much new and updated content in the PEN System, and with access now part of DC membership, it is a great time to check out all that the PEN System has to offer. Visit pennutrition.com



AS PROFESSIONALS ON THE FRONT LINES, IT’S IMPERATIVE THAT WE CONTINUALLY UPDATE OURSELVES ON THE LATEST FINDINGS SO THAT WE CAN PROVIDE CANADIANS WITH EVIDENCE-BASED NUTRITION ADVICE.

4 Dietitians have opportunities to shape food and nutrition environments, influencing key decision makers.



Working together for coverage through Employee Benefit Plans

One of the most significant things we can do to elevate the public’s understanding of the importance and diversity of the role of dietitians is to work collaboratively towards ensuring employers across the country cover dietitian services through their employee benefit plans.

Why coverage matters

Creating a consistent understanding of the positive effect we have on so many areas of health will not only increase access to our services for working Canadians, but will also ensure more Canadians — including employees, employers, insurance companies and the public — understand what we do as the experts in food and nutrition.

Last year, in response to encouragement from members across the country, DC staff, the DC Consulting Dietitian Network and representatives from DC Local Action Groups across the country formed an Advisory Council. The

group worked with an expert from the insurance industry to review and reflect on past work, understand the roles of the key players in the industry and increase our understanding of how decisions are made.

Laurie Barker Jackman, a member of the NS Dietitians for Health Insurance Coverage Action Group, stated, “As a member of the Advisory Council, I have had the opportunity to learn so much from dietitians across the country about this issue. It has been a great way to bring forward the input of our NS action group and to keep the NS group up to date on the progress of this important national project.”

A long road

The lack of dietitian coverage on employee benefit plans is not through lack of passion within our profession. For many years, dietitians in all areas of the country have been actively advocating for this change.

We know that collaborating and working on this issue together as a profession will be our best chance of success. There is a role for every dietitian in Canada to make a significant contribution to the solution.

Multiple strategies, consistent messaging and ongoing intensive advocacy work will be required in the coming months and the next few years.



Expanding access to dietitians in Saskatchewan

Eat Well Saskatchewan is a new service, launched in March 2019, that connects people in Saskatchewan directly to a dietitian by phone, email and social media. The service is offered through the University of Saskatchewan, College of Pharmacy and Nutrition in collaboration with Indigenous Services Canada. Eat Well Saskatchewan is a result of many years of DC advocacy and is a continuation of a successful six-month dietitian call centre pilot for Saskatchewan First Nations communities in 2018, which was a collaboration with DC and Indigenous Services Canada.



AT CONFERENCE 2019 IN OTTAWA, WE WILL SHARE OUR EXPERIENCES WORKING TOGETHER AND UNVEIL THE ACTION STEPS FOR AN EXPERT CONSULTANT, DC STAFF, THE ADVISORY COUNCIL, MEMBERS AND ALL DIETITIANS.

New Dietary Guidelines highlight dietitians’ role



Developing a new national food guide is a massive undertaking that involves consultation with stakeholders from public health, scientists and dietitians. Once in place, it helps inform Canadians and shape messaging around nutritional advice for years or even decades.

That’s why DC was pleased to be involved in the development and participate in the launch of Canada’s food guide.

Greater diversity

Relevant, modern and evidence-based, the new Dietary Guidelines for Health Professionals and

Policy Makers takes a broad approach, advising Canadians not only what they should eat, but also how they should eat. For example, the guide stresses the importance of enjoying food and encourages people to cook for themselves and eat with others.

The Dietary Guidelines also reflect an unprecedented recognition of diversity (including cultural diversity), the importance of traditional foods for Indigenous Peoples and environmental sustainability, all of which were strongly supported by DC throughout the consultation process.

Clearly explained

The guidelines feature nine recommendations for Canadians which are easy-to-understand principles that are evidence-based — and aligned with guidance that dietitians already provide.

Another significant feature of these guidelines is the acknowledgement that people with specific dietary requirements need more guidance and specialized advice from a dietitian.



Dietitians prominent

Our CEO Nathalie Savoie stood alongside The Honourable Ginette Petitpas Taylor, Minister of Health, to launch the guide on January 22, 2019. In the week following the launch, dietitians appeared in more than 1,200 media stories on television and radio, in print and on the web. Since the launch, dietitians across the country have continued to bring the new food guide to Canadians through presentations, workshops and other educational initiatives.



Adding our voice to provincial elections

Thanks to actions by DC members, political parties and candidates associated with provincial elections in Ontario, New Brunswick, Alberta, Newfoundland & Labrador and Prince Edward Island heard about the importance of dietitian services and nutritious foods.

Members helped identify priority issues in each province, developed issue summaries and connected with candidates and the public. Following the elections, DC continues to encourage members to meet with their elected officials to reinforce the need for access to dietitian services and safe, nutritious, affordable food.

Get involved in bringing these important issues to the forefront in your province by connecting with a Local Action Group (page 13) or your Regional Executive Director (page 5).

DC Networks are making a difference

Across the country, dietitians are forming networks by coming together around a specific health issue or area of nutrition. More than 2,000 dietitians belong to one or more of the 23 active DC networks. Together they share information, take action, educate Canadians and are making a significant difference to dietetic practice and the lives of millions of Canadians. Here is a small selection of their very important work over the past 15 months.

OUR CONNECTIONS MAKE US STRONGER! WE ENCOURAGE ALL MEMBERS TO JOIN A NETWORK OR LOCAL ACTION GROUP (LAG), OR PARTICIPATE IN THEIR EVENTS. FIND A FULL LIST OF NETWORKS, LAGS AND THEIR CHAIRS AT DIETITIANS.CA.



- The **Food and Culinary Network** is a highly engaged group that publishes the NOSH Newsletter, hosts Kitchen Party Twitter Events, and distributes monthly culinary update emails to dish the latest news on upcoming conferences and events, relevant articles and videos and food trends.
- **Le regroupement des diététistes francophones** published 3 issues of their Network Journal, Coll'Action, and hosted the annual FrancoFun dinner.
- The **Home Care Network** published their blog, hosted a round table discussion and developed, with DC leadership, a bilingual, one-page **Dietitians in Home Care** factsheet.
- The **Food Security Network** changed their name to **Household Food Insecurity Network** to align with their Revised Terms of Reference, which have strategically refined the scope to focus on household food insecurity, poverty and health equity.
- The **Media Network** has undergone a major refresh, with a new Network Executive effective January 1, 2019. Their numerous activities included developing key messages prior to the official launch of the Food Guide to help Media Network members communicate a consistent message, conducting a member survey to assess member interests and developing new Terms of Reference.
- The **Pediatric Network** continues to publish a newsletter 3 to 4 times a year, educating members about timely key issues, including, most recently: transition from enteral to oral; picky eaters; and the ketogenic diet. They also developed an online course, Introduction to Pediatric Nutrition.
- Collectively, **13 DC networks** made it possible for students to attend the 2018 National Conference, thanks to their generous support through Student Scholarships.

In addition, nearly 40 regional learning and networking events designed by dietitians, for dietitians, were held across the country.



Taking action at the local level

Dietitians of Canada Local Action Groups, or LAGs, focus on critical topics at the regional level. We encourage all members to join. Selected highlights of LAG activity this year:

Atlantic Region: Nova Scotia Dietitians' Continuing Care Action Group

When the group learned that the provincial government was establishing an expert advisory committee on wound care in Nova Scotia continuing care centres, they contacted the Minister of Health about the importance of nutrition and dietitians' roles in this area. As a result, a member of the group was invited to participate in each roundtable discussion held by the expert committee across the province. The expert committee's recommendations for revisions of wound care policy and standards now include nutrition more prominently, as well as a requirement for an interdisciplinary wound care committee.

Ontario: Primary Health Care Action Group

To benefit patient outcomes and support dietitians, the group developed a Mediterranean Toolkit and hosted an in-person session, "Leveraging the Mediterranean Toolkit," in St. Catharines, Ontario in March 2019. To date this member-developed practice tool has been downloaded more than 1,000 times.

British Columbia: Nutrition Supplements Local Action Group

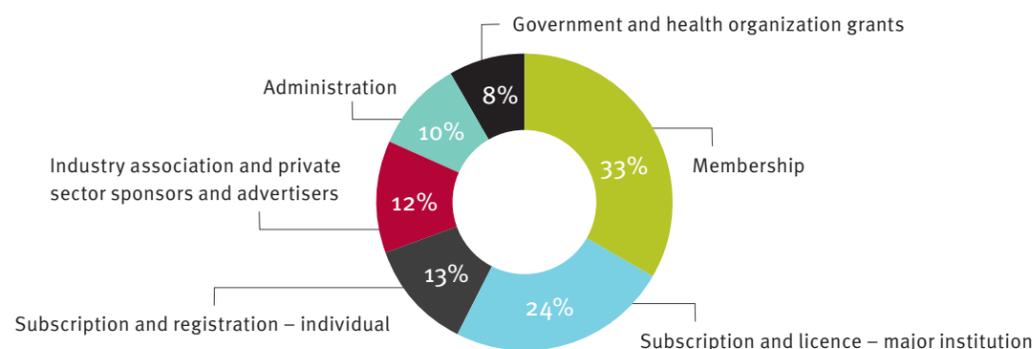
Thanks to DC-led advocacy to gain physician support, the Doctors of BC passed a policy resolution in June 2018 to support dietitians having signing authority for the government's nutrition supplement program. This is a significant step forward in supporting dietitians to better assist their clients. Next steps are underway to gain approval for a regulation change.

Financial Highlights

The 2018–2019 fiscal year was a challenging one. The loss of government funding related to the operation of the Eat Right Ontario (ERO) dietitian call centre had a significant negative impact on our financial results. This program provided substantial resources that supported the Dietitians of Canada infrastructure. We are working hard to find ways to work within these limitations and ensure that the funding cuts have as little impact as possible on members.

Revenue Allocation 2018–2019

● With the loss of ERO funding, memberships now account for the largest contribution to revenue — making your support more important than ever.

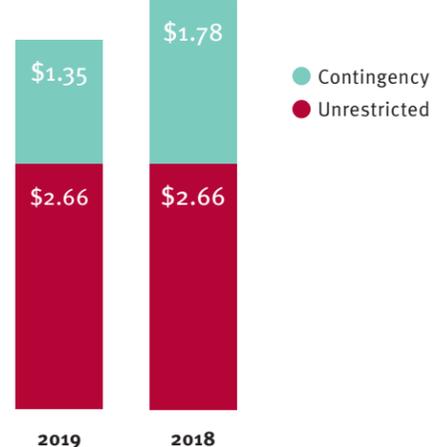


Revenue and Expenses (\$ millions)



● Expenses declined proportionate to the loss in revenue from government funding for the ERO program. We saved a significant amount in rent and other costs after moving our headquarters to a new location.

Balance of Funds (\$ millions)



To view the March 31, 2019 Audited Financial Statements, please log in to the member section of dietitians.ca/Board.

The Dietitians of Canada 2018 awards

The Dietitians of Canada 2018 awards, presented at the National Conference in Vancouver on June 7, 2018, recognize the outstanding contributions of members to our organization, their peers and the profession. Congratulations to all award recipients and thank you for your dedication!



Emeritus Members Linda Dietrich and Elaine Cawadias

We are fortunate to have benefited from the career-long contributions that Linda and Elaine have made to the advancement of dietetics. As mentors, teachers, advocates, counsellors and leaders, these women have demonstrated enormous positive influence that will continue to shape dietetics for many years.

DC Fellows

Paula Dworatzek
Barbara Khouzam
Ryna Levy-Milne
Rosie Schwartz

Member Recognition Awards

Education
Rose Russell
Nadya Savoie
Deborah Everett

Association Catalyst

Delone Abercrombie
Madonna Achkar
Heidi Boyd
Marcia Cooper
Melissa Hardy
Valerie Johnson
Karen Kristensen
Sonya Kupka
Stephanie Langdon
Amanda Leendertse
Lisa Mina
Carolyne Mondoux
Coleen Nolan
Jennifer Pasanen
Monica Rodriguez
Adrianna Smallwood
Suzanne Tenold

Innovation

Stacey Scaman
Joyce Ledwidge

Leadership

Sandra Berwick
Jennifer Brady
Liesel Carlsson
Ashley Cook
Hubert Cormier

Pamela Fergusson

Joanne Gallagher
Dale Mayerson
Jill Anne McDowall
Catherine Morley
Eric Ng
Elaine Niebergall
Twinkle Patel
Christina Seely
Denis Tsang
Roxane Wagner
Susan Watson
Fiona Yeudall
Delone Abercrombie

PEN® Achiever Award

Diana Mager

Student Awards – Undergraduate

Evan Duxbury – BC Region
(Sponsored by Dietitians of Canada)

Charles Ko – Northwest and Central Ontario Region
(Sponsored by SaskCanola)

Student Awards – Graduate
Maira Quintanilha – Alberta and the Territories Region
(Sponsored by Dietitians of Canada)

Judy Van Tilburg Memorial Bursary

Laura Bellussi – Atlantic Region

Lindsay Vanderspank – Northwest and Central Ontario Region

Morgan Medal

Lisa Blundell – Atlantic Region

Morgan Award Regional Recipients

Oribim Kingson – Saskatchewan and Manitoba Region

Maja Williams – Northwest and Central Ontario Region

Florence Lavergne – Québec and Northeast Ontario Region

DC Networks Student Scholarships

Community and Public Health – Pauline Blanco Cervantes & Rebecca Mercer

Consulting – Katie Bartel

Diabetes, Obesity and Cardiovascular – Carly Sable

Dysphagia Assessment & Treatment – Emma Clark

Gerontology – Julie Orr & Ruomu Zhang

Home Care – Holly Heximer

Nutrition and Food Security – Caroline Kaufman

Nutrition Support – Taylor King

Pediatric Nutrition – Lauren Pallot

Sport Nutrition – Katie Henderson

Ryley-Jeffs Memorial Lecturer 2018

Gerry Kasten, MSc, RD, Fellow of Dietitians of Canada

As the recipient of the highest recognition DC bestows, the Ryley-Jeffs Memorial Lecturer embodies the ideals of the profession and charts new pathways. Currently a public health dietitian in BC, Gerry enhances people's lives with practical advice on how to enjoy the flavours of foods to improve health. His passion for advocacy has led him to become a trailblazer in nutrition science, culinary arts, teaching and media, passions that were evident in his talk on body weight and other stigmas.



Achieve the recognition you deserve

A Dietitians of Canada award acknowledges your unique contributions, raises your profile and tells your community you've made a difference. Apply for a 2020 award. Learn how at dietitians.ca/awards.

CONGRATULATIONS TO THE 2019 AWARD WINNERS – TO BE ANNOUNCED JUNE 6, 2019 AT THE NATIONAL CONFERENCE IN OTTAWA.



Dietitians of Canada
99 Yorkville Avenue, Second Floor
Toronto, ON, Canada M5R 1C1
Telephone: 416.596.0857
Fax: 416.596.0603
Email: contactus@dietitians.ca

 www.dietitians.ca

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