WHO GROWTH CHARTS FOR CANADA

GIRLS

2 TO 19 YEARS: GIRLS

Body mass index-for-age percentiles

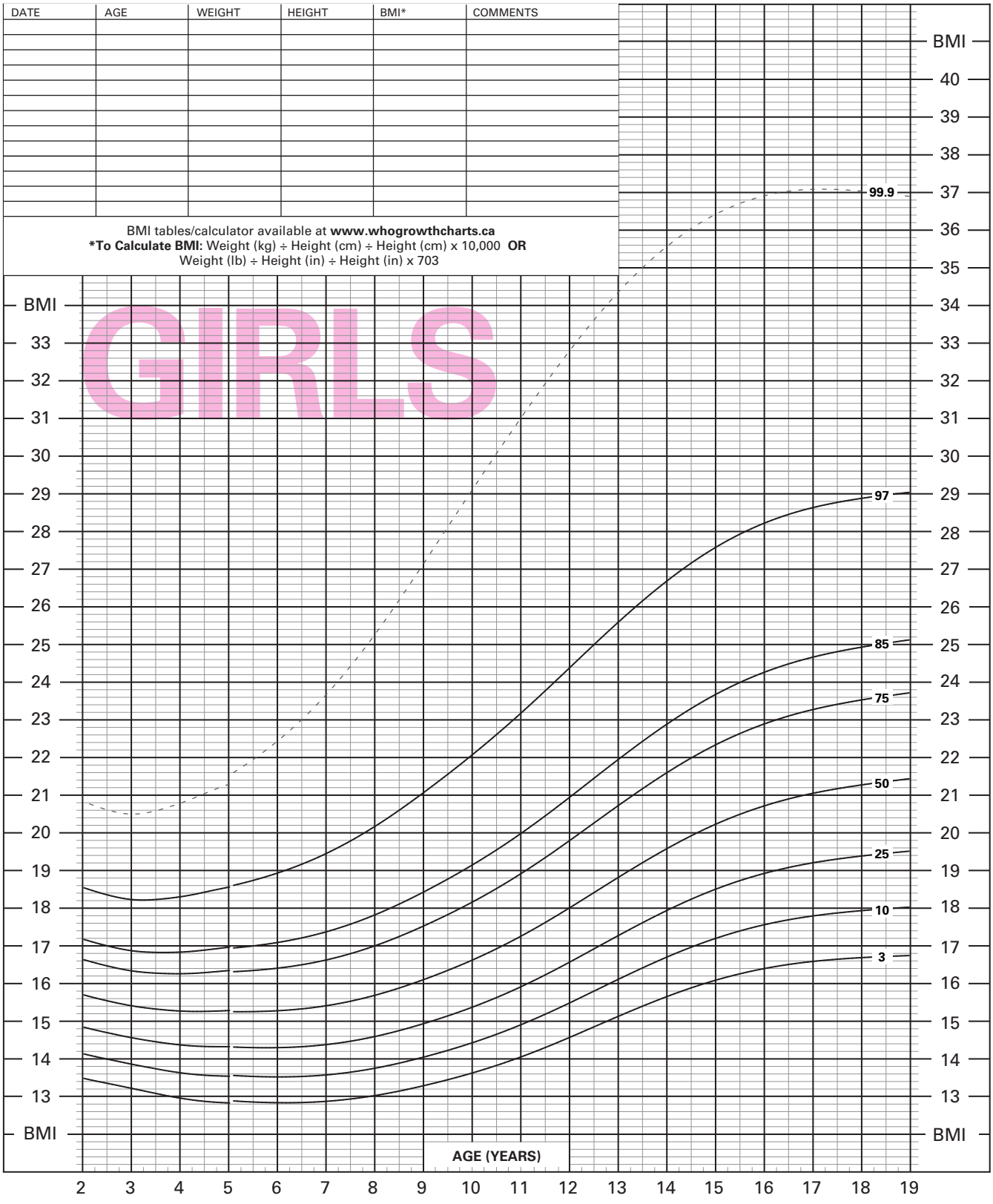
NAME: _____

DOB: _____ **RECORD #** _____

DATE	AGE	WEIGHT	HEIGHT	BMI*	COMMENTS

BMI tables/calculator available at **www.whogrowthcharts.ca**

***To Calculate BMI:** Weight (kg) ÷ Height (cm) ÷ Height (cm) x 10,000 **OR**
Weight (lb) ÷ Height (in) ÷ Height (in) x 703



SOURCE: Based on World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) and adapted for Canada by Canadian Paediatric Society, Canadian Pediatric Endocrine Group, College of Family Physicians of Canada, Community Health Nurses of Canada and Dietitians of Canada.

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