

Are dietitian services part of your employee health insurance plans?

They should be! Here's why.

Working with dietitians is cost-effective

INVEST \$1
in dietitian
services



SAVE \$4
in drug costs

REDUCE
health-related
lost productivity
by up to



64%

DECREASE
disability
days by
up to



87%

Nutrition counselling by dietitians can help



REDUCE
risk of developing type 2
diabetes by up to **70%**



MANAGE
food allergies and
intolerances



IMPROVE
blood pressure, and blood
glucose and cholesterol levels



ACHIEVE
and maintain a
healthier weight

Employees deserve access to cost-effective dietitian services

Registered Dietitian (RD) Facts

Tailored advice, practical solutions	100%
University degree in foods and nutrition	100%
Provincially regulated	100%
Liability insurance	100%
Professional code of ethics	100%

The title "dietitian" is **protected by law**, just like nurse or pharmacist. Only dietitians can use these initials: RD, P.Dt., Dt.P.

Find a Dietitian

**It's
easy!**

www.dietitians.ca/find