

Application procedure

Please follow Dietitians of Canada (DC) application procedures located on the DC website.

University Transcripts:

Minimum 75% (B+) average in final two years of a DC accredited nutrition undergraduate program.

Personal Letter/Resume:

Please follow the Dietitians of Canada 2017 guide to internship application.

Confidential reports

The references should be from people who know you in a professional, student or business capacity. References can include a previous or current employer, an academic, or a supervisor of a volunteer work experience.

Characteristics of an ideal candidate:

- A passion for the profession;
- A passion for learning;
- Strong critical thinking skills;
- Well-developed written, verbal and interpersonal communication skills;
- Experience being dependable and responsible; and
- Good organization and time management skills.

Selected applicants will be asked to participate in **multiple mini-interviews** at the end of February.

This dietetic education program is an accredited program recognized by the Partnership for Dietetic Education and Practice (PDEP) and prepares students for eligibility for registration with a provincial dietetics regulatory body.

Successful Candidates:

Program start date

End of September/Early October

Expenses

- \$3000 administrative fee (*fees subject to change*)
- Dietitians of Canada student membership/Professional liability insurance
- Parking: \$31/month (*fees subject to change*)

Accommodation/Travel

Residence accommodation is not available; current interns may be helpful in finding new interns a place to live. Travel may be required for certain rotations throughout the year and interns may need access to a car.

Hours of work

Interns work five days a week. The hours vary depending on the area where the intern is working. Two weeks of vacation are scheduled.

For further information about the dietetic internship program contact:

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Dietetic Internship Program

GRAND RIVER
HOSPITAL

www.grandriverhospital.on.ca

PEM6153 (09/12)

GRAND RIVER
HOSPITAL

Grand River Hospital (GRH)

GRH is a 600+ bed community hospital that provides family-centered care to more than 470,000 people in the Waterloo region. More than 3500 professional staff offer a comprehensive array of programs and services including acute (KW Site) and complex continuing care (Freeport Site).

Our mission is to provide exceptional care through inspired people. This philosophy is incorporated into everything from the development of new programs and services that meet the community's growing needs, to providing staff with the tools and facilities they need to provide exemplary care.

Dietetic Internship Program

The Grand River Hospital graduate internship program is a competency-based program with five positions available each year. The program begins in late September and continues for approximately 43 weeks.

Interns will spend time in clinical, population health and management rotations as well as participate in a practice based research project.

Clinical rotations take place at the KW and Freeport campuses and are where nutrition care competencies are developed. Rotations can include: oncology, medicine, surgery, ICU, pediatrics, complex continuing care, mental health, diabetes and renal.

The **Management/Food services rotation** takes place at the KW site where students work alongside the nutrition and food services team responsible for the management of a centralized, cold plating/retherm system that delivers meals to both campuses.

Key activities for competency development in this rotation include exposure to service automation, diet office and food service management, human resource and labour management, budgeting, and diet and menu development. One or more students may complete their food service rotation offsite and this can be done in various settings including university and business settings.

Population and Public Health rotations available through the GRH program include: public health unit, community health centres or the local universities. In addition to this placement, dietetic interns collaborate with each other on a hospital wide nutrition promotion campaign during the month of March.

Practice Based Research skills are acquired through the completion of a research project. The project has 4 allocated weeks but will require additional personal time.

Examples of Past Intern Research Projects:

- Implementation of the Canadian Nutrition Screening Tool Using the PDSA Improvement Framework
- Incorporating Patient Engagement into Dietetic Practice in the Grand River Hospital Progressive Hemodialysis Unit: A Quality Improvement Initiative
- Nutrition Care Pathway for hospitalized older adults: content validation, feasibility and reliability testing

Internship Program Outline *at a glance* (subject to change)

ORIENTATION 1 week

Unit One

Inpatient skills 12 weeks

Introductory 4 weeks

Advanced 4 weeks

Nutrition support 4 weeks

Unit Two

Outpatient skills 8 weeks

Diabetes 4 weeks

Other (renal, oncology) 4 weeks

Unit Three

Management/Food Service... 6 weeks

Unit Four

Population/Public Health 7 weeks

Community placement 5 weeks

Nutrition month promotion 2 weeks

Unit Five

Additional practice areas 8 weeks

Research project 4 weeks

Consolidation 3 weeks

Vacation 2 weeks

Total program length 43 weeks