WHO GROWTH CHARTS FOR CANADA

2 TO 19 YEARS: BOYS
Height-for-age and Weight-for-age percentiles

NAME: ____________________________
DOB: ____________________________
RECORD #: ________________________

MOTHER’S HEIGHT: __________
FATHER’S HEIGHT: __________

DATE | AGE | HEIGHT | WEIGHT | COMMENTS
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WHO recommends BMI as the best measure after age 10 due to variable age of puberty. Tracking weight alone is not advised.

SOURCE: The main chart is based on World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) adapted for Canada by Canadian Paediatric Society, Canadian Pediatric Endocrine Group (CPEG), College of Family Physicians of Canada, Community Health Nurses of Canada and Dietitians of Canada. The weight-for-age 10 to 19 years section was developed by CPEG based on data from the US National Center for Health Statistics using the same procedures as the WHO growth charts.

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