

Primary Care Dietitians: Providing More Than "Just" Nutrition Advice

Primary care dietitians contribute a broad range of transferable skills to our practice

Practitioners



Empower patients through nutrition counselling using motivational interviewing, problem solving & cognitive behavioural strategies.

Educators



Facilitate knowledge transfer to health care professionals to support future workforce capacity.

Collaborators



Act as consulting board members & steering committee members to support stakeholder objectives.

Researchers



Write grants for clinical based research, contribute to research reviews & translate evidence-based nutrition research.

Leaders



Drive quality improvement plans, design innovative health programs & lead initiatives that support our food systems.

Dietitians in Primary Health Care
Better Health • Better Care • Better Value



www.dietitians.ca